



Integral University, Lucknow

Effective from Session: 2023-2024							
Course Code	HS 401	Title of the Course	Cognitive Psychology I; Attention, Perception & Memory	L	T	P	C
Year	I	Semester	I	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To acquaint students with the basic concepts of cognitive psychology. To develop an understanding of attention, perception, memory and imagery.						

Course Outcomes	
CO1	Students will be able to Recognize, understand and define the basic concepts of Cognition
CO2	Students will be able to Understand and Analyze the use of models and implement to study cognition
CO3	Students will be able to apply depth knowledge evaluate functional cognitive processes
CO4	Students will be able to understand scientific concepts of brain, model, and its level approaches
CO5	Students will be able to understand the Theories of Imagery and Forgetting

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	INTRODUCTION TO COGNITIVE PSYCHOLOGY	Historical Antecedents; Basic Concepts – Mental Representations and Processing; Artificial Intelligence; Scope of Cognitive Psychology – Experimental Psychology, Cognitive Science and Cognitive Neuropsychology Computational Modeling – concepts and types.	10	CO1
2	ATTENTION	Meaning of attention; Theories of Attention – Filter Theories, Capacity Theories, Feature Integration Theories, Automaticity Theories.	9	CO2
3	PERCEPTION	Depth Perception; Perceptual Constancies; Pattern Recognition and Theories- Bottom-Up and Top-Down; Template Matching etc.	8	CO3
4	MEMORY	Structure of memory; Models of memory- Atkinson-Schiffrin Model, Levels of Processing Approach, Tulving’s Model Types of memory- Sensory Memory, Short Term Memory, Long Term Memory	8	CO4
5	IMAGERY AND FORGETTING	Theories of Imagery- Dual Coding Theory and Kosslyn’s Theory; Theories of Forgetting- Trace Decay, Repression	8	CO5

Reference Books:

- Anderson , J.R. (1985). Cognitive Psychology and Its Implications , New York, Freeman
- Best,J.B.(1995). Cognitive Psychology. Fourth Edition. West Publishing Company
- Eysenck, M. and Keane,M. (1990) Cognitive Psychology: A student’s Handbook: Psychology Press
- Galotti, K.M. (2001). Cognitive Psychology In and Out of the Laboratory. Second Edition. Wadsworth Publishing Company
- Matlin,M.W.(1995). Cognition. Third Edition. A Prism India Edition
- Payne, D.C. and Wegner, M.J. (1998). Cognitive Psychology, Houghton Mifflin Co

e-Learning Source:

- https://www.academia.edu/9970633/Cognitive_Psychology_Introduction_to_Cognitive_Psychology
- <https://www.tandfonline.com/doi/full/10.1080/10447318.2021.1874741>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	
CO1	2	2	2	1	2	3	1	2	3	2	2	3	2	3	3	
CO2	2	2	1	2	2	2	2	3	3	2	3	2	2	2	1	
CO3	2	2	1	3	3	2	2	2	1	3	2	1	1	2	1	
CO4	2	2	2	2	2	2	3	3	2	2	2	2	3	1	2	
CO5	1	1	2	2	1		1	2	2	3	2	2	3	1	3	

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator

Sign & Seal of HoD



Integral University, Lucknow

Effective from Session: 2023-2024							
Course Code	HS402	Title of the Course	Personality Development: Theoretical Approaches	L	T	P	C
Year	I	Semester	I	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To develop an insight of basic personality traits among the students. To understand different approaches of personality growth.						

Course Outcomes	
CO1	Students will learn the basic concepts and different perspective of personality.
CO2	Illustrate various theories of personality.
CO3	Students will understand the psychodynamic perspective in context of Alder, Erikson, Jung.
CO4	To understand the Behavioral, Cognitive approach of personality
CO5	Students will understand the model of May and Frankel's and their application.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Personality: Concept and Approaches	Personality: Concept, Theatre, Self-presentation, and Religion Nomothetic -Ideographic approach, Inductive-Deductive approach	9	CO1
2	Type theories of Personality	Hippocrates's Kretchmer's, Sheldon's and Jung's Typology. Trait theories of Personality: - Allport, Raymond Cattell, Eysenck's Trait Theory, McCrae and Costa's Five Factor (Big-Five) Theory.	9	CO2
3	Psychoanalytic aspects of Personality	Sigmund Freud Psychodynamic perspective: - Adler, Erikson, Jung	8	CO3
4	Behavioral, Cognitive and Social perspective of personality	Behavioral, Cognitive and Social perspective of Personality Albert Bandura: Social-Cognitive Learning Theory- Self- System, Skinner: Operant Conditioning; Cognitive Style – Perceptual Mechanisms – Schema Theory – Kelly's Personal Construct Theory	10	CO4
5	Existential Approach	May and Frankel's models and their application. Humanistic & Growth models of Personality Rogers Fully Functioning Person: Concept and Characteristics Maslow's Self-Actualizing Person	10	CO5

Reference Books:

1. Hall, C.S., Lindzey, G., & Campbell, J.B. (2007). Theories of personality, Bengaluru, India: Wiley India Private Limited.
2. Schultz, P. D., Schultz, S. E., & Schultz, S. (2012). Theories of personality, Delhi, India: Cengage Learning.
3. Friedman, H. S., & Schustack, M. W. (2016). Personality: Classic theories and modern research, Boston, MA: Pearson/Allyn and Bacon.
4. Larsen, R. J., & Buss, D. M. (2018). Personality psychology: Domains of knowledge about human nature, Boston, MA: McGraw-Hill.
5. Rao, K., Paranjpe, A. C., & Dalal, A. K. (2008). Handbook of Indian Psychology. Chennai, India: Cambridge University Press India/Foundation Books.

e-Learning Source:

<https://egvankosh.ac.in/bitstream/123456789/23869/3/Unit-1.pdf>

<https://youtu.be/tpB-B8BXk0>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO CO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	
CO1	1	2	2	1	2	3	1	2	3	2	2	2	3	3	2	
CO2	2	1	1	2	2	1	2	2	3	3	1	2	2	3	2	
CO3	2	2	1	1	2	2	2	2	1	3	2	2	1	2	2	
CO4	2	2	2	2	2	2	3	2	3	2	2	2	2	2	2	
CO5	1	1	2	2	1		1	2	2	2	2	2	3	1	3	

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2019							
Course Code	HS403	Title of the Course	Research Methodology	L	T	P	C
Year	I	Semester	I	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To acquaint students with the research methodology. To provide a space for students to practice various types of sampling in a hands on manner						

Course Outcomes	
CO1	Enable students to understand the concept of Qualitative Quantitative and Mixed Research
CO2	Enable them to know the processes and methods of qualitative research
CO3	Enhancing the Understanding of comparison of different mean
CO4	Helping students to learn higher order statistical analysis..
CO5	Enable students to be equipped with SPSS for data analysis.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Understanding Research	Introduction, Quantitative, Qualitative, Mixed methods approach, Ethic in Research, Sampling	8	CO1
2	Methods of Qualitative Research	Observation, Survey [Interview, Questionnaires], Experimental, Quasi-experimental, Field studies, Cross-Cultural Studies, Phenomenology, Grounded theory, Focus groups, Narratives, Case studies, Ethnography	9	CO2
3	Methods of Quantitative Research	Experimental designs, Introduction to Analysis of Variance, Randomized group design; Repeated measure design; Block design. Planned comparison of means.	10	CO3
4	Higher Order Design and Factorial Design	Factorial design – two independent factors, two way interactions, three-way interactions Analysis of Covariance- ANCOVA Regression analysis- Correlation and causation, simple regression, multiple regression	10	CO4
5	Introduction to SPSS	Data handling with SPSS-entering data, editing data, Listing data, Dealing with missing values, Making syntax file and output file	8	CO5

Reference Books:

1. Aronson, E and Ellsworth D.C, Carlsmith, J.M., Gonzales, M.I. (1990) Methods of Research in Social Psychology. McGraw Hill International Edition
2. Breakwell, G.M., Hammond, S & Schow, C.F. (Edited) (1995). Research Methods in Psychology. Sage Publications.
3. Ebnes, D.G, Kantowitz, B.M, Roediger,H.L. (1989). Research Methods in Psychology. West Publishing Company
4. Greenberg, J and Folger, R (1988). Controversial Issues in Social Research Method. New York. Springer-Verlag
5. Kerlinger, F.N. (1964). Foundations of Behavioral Research. Holt, Rinehart & Winston, Inc
6. Mohsin, S.M. (1984). Research Methods in Behavioral Sciences. Orient Longman Ltd

e-Learning Source: Ezyankosh, NCERT, ePathshala

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	3	3	3	3	3	2	2	3	3	3	2
CO2	3	2	3	3	2	3	3	2	3	1	2	3
CO3	2	2	2	2	1	3	2	2	3	3	2	3
CO4	3	3	3	1	3	2	3	3	3	2	3	3
CO5	3	2	2	3	3	3	3	2	2	2	1	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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Integral University, Lucknow

Effective from Session: 2022-23

Course Code	CP401	Title of the Course	Introduction to Clinical Psychology	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Graduation	Co-requisite	None				

Course Objectives The Course will introduce students (primarily at a theoretical level) two major areas of Clinical Psychology (in practice) – (a) Clinical Assessment and (b) Clinical Intervention. Finally, the students would be encouraged to think critically about professional and other controversial issues in the field.

Course Outcomes

CO1	To understand the meaning and nature of clinical psychology and its classification.
CO2	To acquaint with the concepts, goals, objectives of clinical psychology
CO3	To Understand the clinical assessment and therapeutic Intervention.
CO4	It will help to understand about substance related disorders.
CO5	Get acquainted with various issues, challenges and future directions in clinical Psychology.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Basics of Clinical Psychology, Classification & Diagnosis	Nature and Purpose of Assessment in Clinical Psychology, Methods, Diagnostic Criteria; Models of Clinical Psychology; Psychoanalysis, Interpersonal, Humanistic, Behavioral, Cognitive, and Biological model	12 hrs	CO1
2	Psychology in India	History of Psychology in India; Contemporary Psychology; Impact of Globalization; Post Modernism and Multicultural movements. Towards a Clinical Identity: education & training, professional activities and employment settings, differences/similarities with other mental health professions	12 hrs	CO2
3	Introduction to Clinical Assessment and Interventions	Assessment Processes: planning, data-collecting, interpreting, and communicating findings; Clinical Interview: components and basic skills; Diagnosis and Classification: basic issues and skills; Other assessment components and skills (Intellectual, Neuropsychological, Personality and Behavioral assessment). General issues in interventions: Nature of specific therapeutic variables (client, therapist, relationship). Course of intervention	12 hrs	CO3
4	Substance Related Disorders	Alcohol, Types of Substances Depressants, Stimulants, Hallucinogens, Sedative-Hypnotics Clinical Characteristics, etiology, Models of Alcohol Addiction & Other Substance Dependence.	12 hrs	CO4
5	Psycho-social Rehabilitation	Community Mental Health: Definition and Concept, Primary Care, Secondary care, Tertiary care. Rehabilitation- Concept of Rehabilitation - Psychiatric and Psychological	12 hrs	CO5

Reference Books:

1. Hecker, J.E. & Thorpe G.L. (2005). Introduction to Clinical Psychology. Pearson Education Inc.
2. Garfield, S.L. & Bergin, A.E. (1986). Handbook of Psychotherapy and Behavior Change. John Wiley & Sons, United States of America.
3. Bohart, A.C. & Todd, J. (1988). Foundations of clinical and counseling Psychology. Harper Collins Publishers.
4. Kramer, G., Bernstein, D. and Phases, V. (2009). Introduction to clinical psychology; NY: Pearson Education.

e-Learning Source:

1. Levels of Healthcare https://www.physio-pedia.com/Levels_of_Healthcare
2. Clinical Psychology History, Approaches, and Careers. <https://www.verywellmind.com/what-is-clinical-psychology-2795000>
3. Clinical Assessment, Diagnosis, And Treatment <https://opentext.wsu.edu/abnormal-psych/chapter/module-3-clinical-assessment-diagnosis-and-treatment/>
4. DSM 5 Criteria for Substance Use Disorders. <https://www.verywellmind.com/dsm-5-criteria-for-substance-use-disorders-21926>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO	Course Articulation Matrix: (Mapping of COs with POs and PSOs)									
	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	3	3	3	3	3	3	3	3	3
CO2	3	3	3	3	3	2	3	3	3	3
CO3	3	3	3	3	3	3	3	3	3	3
CO4	2	2	3	3	3	2	2	3	3	3
CO5	2	3	3	3	3	3	3	3	3	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

<p style="margin: 0;">Name & Sign of Program Coordinator</p>	<p style="margin: 0;">Head Sign & Seal of HoD</p>
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Humanities & Social Science
Integral University, Lucknow



Integral University, Lucknow

Effective from Session: 2022-23							
Course Code	CP402	Title of the Course	Practicum I	L	T	P	C
Year	I	Semester	I	0	0	4	2
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	Students will be able to develop the psychological methods and, exposure to clinical methods with assessment criteria and findings of scientific psychological studies to solve the practical problems.						

Course Outcomes	
CO1	This course will develop the understanding of the standard steps for Empirical Report Writing and Interpretations of the Results.
CO2	This course will develop the scientific temperament in studying and understanding human behavior, and understanding about the various personality assessment techniques/tools used for clinical assessment.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	NEO-FFI (by Costa and McCrae)	Problem, Introduction, Method, Procedure of Data collection, Data analysis & discussion, and conclusion.	15 hrs.	CO1
2	Rotter Incomplete Sentences Blank	Problem, Introduction, Method, Procedure of Data collection, Data analysis & discussion, and conclusion.	15 hrs.	CO2

Reference Books:

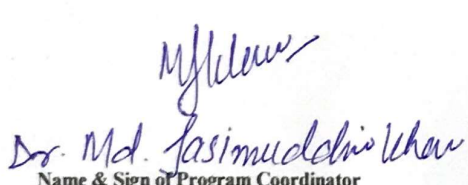

1. Paul T. Costa & Robert R. McCrae (1985). Revised NEO Personality Inventory (NEO PI-R) & NEO Five-Factor (NEO-FFI) Inventory. Psychological Assessment Resources, Inc.
2. Newmark, C. S. (1985). Major Psychological Assessment Instruments, Allyn and Bacon.
3. Rotter, J. B. & Rafferty, J. E. (1950). Manual: Rotter Incomplete Sentences Blank, College Form. USA: Psychological Corporation.

e-Learning Source:

1. <http://prezi.com/8nlafhtsaw0/risb/>
2. <https://www.scribd.com/document/527379727/MANUAL-FOR-NEO-FFI>
3. <https://ia800307.us.archive.org/30/items/rotterincomplete00rott/rotterincomplete00rott.pdf>
4. <http://prezi.com/yhtdoaiawitv/rotter-incomplete-sentences-blank-risb/>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)										
PO-PSO	PO1	PO2	PO3	PO4	PO5	PSO1	PSO2	PSO3	PSO4	PSO5
CO										
CO1	3	3	3	3	3	3	3	3	3	3
CO2	3	3	3	3	3	2	3	3	3	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

 Dr. Md. Tasimuddin Khan Name & Sign of Program Coordinator	 Head Humanities & Social Science Integral University, Lucknow Sign & Seal of HoD
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